

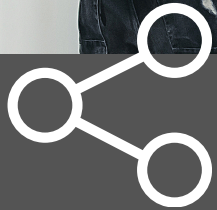
MAY 01- MAY 15 2024

# guidance news

[FOLLOW US ON INSTAGRAM @ EARLHAIGGUIDANCE](#)



# post-secondary information

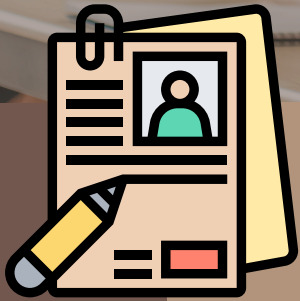


[click for more information](#)





# 2023-2024 College Application Cycle



The College Application cycle for 2023-2024 has opened. Please visit [www.ontariocolleges.ca](http://www.ontariocolleges.ca) to start your application. You can access all required information regarding colleges and programs as well as access links, tutorials and how to videos regarding the entire application process from start to finish.

Even though Equal Consideration day is Feb.1 students applying to competitive programs should do so by Nov.1. For further clarification or any questions please see Mr. Panagopoulos.



**PEER  
TUTORING**

**DROP-IN: RM 248**

**OPENING ON:**

**oct 10, tues**

**Su Mo Tu We Th Fr Sa**  


**3:30**

**MON**

**EVERY**

**4:30**

**THU**

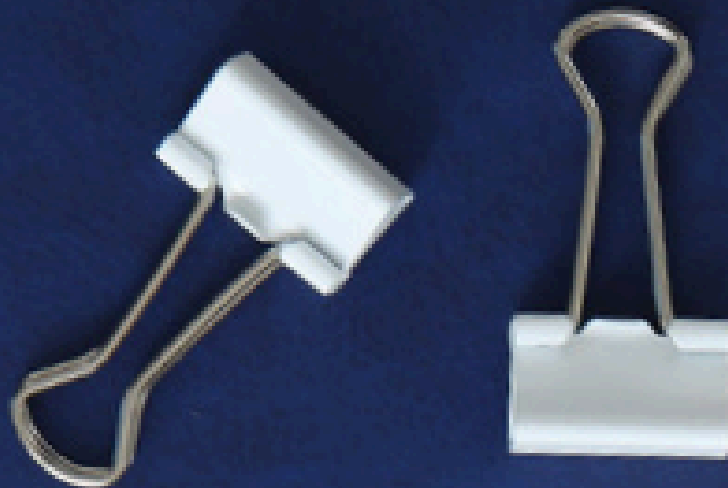
**WEEK**

**DROP-IN SESSIONS: MON-THURS**

**TIME: 3:30 – 4:30**

**LOCATION: RM 248**





# Student Support

<Mb- Sh>



In the absence of Ms. Leo, Mr. Matsumoto and Mr. Szeto will provide support. Please scan the QR code and complete the Google form provided below, and we will promptly communicate with you by email. Thank you for your cooperation.



COPE Presents...

# COUCH TO 5K RUN

## WHAT

A beginner-friendly run with training twice a week focused on improving mental health through exercise!  
The run is on June 1st.

## WHEN

Training will be held twice a week on **Tuesdays** before school in the athletic circle and **Thursdays** after school starting **April 9th**.







**Unison Pathways**  
Health & Community Services  
Engage. Empower. Enhance. to Education

Pathways is a free program dedicated to empowering youth from Grades 9-12 in the Lawrence Heights, Neptune Drive, and Lotherton communities. Our goal is to help students achieve their full potential, complete high school, and pave the way for successful futures.

Students who engage in the program will receive **\$500 per annual school year** to support their academic journey.

## OUR PROGRAM



### MENTORING

- Mentoring supports students in empowerment, 1-on-1 career coaching, employment skills, and community involvement
- Group mentoring is offered for Grade 9 & 10 students
- Career and specialty mentoring is provided for Grade 11 & 12 students



### TUTORING

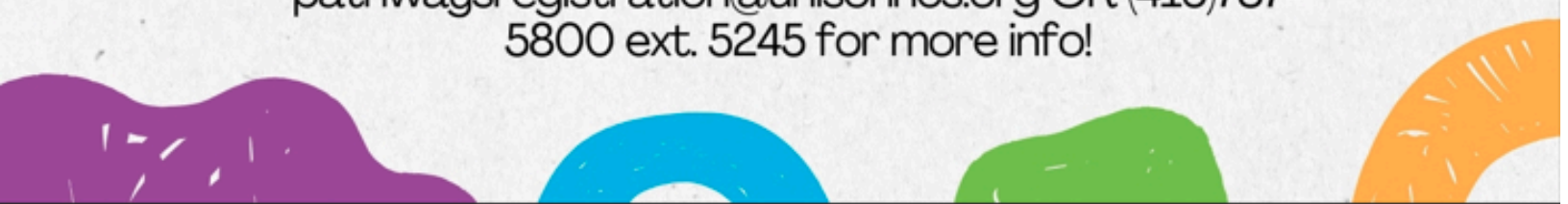
- Tutoring offers academic support in Math, Science, Social Science, English and French
- Program operates after school every Monday to Thursday



### FINANCIAL SUPPORT

- Students will receive financial support for participating in the program through monthly gift cards
- Other financial support includes post-secondary education scholarships, trips, and job opportunities

Please contact us at  
[pathwaysregistration@unisonhcs.org](mailto:pathwaysregistration@unisonhcs.org) OR (416)787-5800 ext. 5245 for more info!



**PATHWAYS TO EDUCATION – LAWRENCE HEIGHTS  
ELIGIBLE POSTAL CODES (AND ADDRESSES)**

LAWRENCE HEIGHTS

AMARANTH COURT	1-87 odd	M6A 2P1
BAGOT COURT	1-133 odd	M6A 2M5
BLOSSOMFIELD DRIVE	51	M6A 2P6
BLOSSOMFIELD DRIVE	50-58	M6A 2P5
BREDONHILL COURT	1-87 odd	M6A 2M6
CATHER CRESCENT	1-65 odd	M6A 2M2
CATHER CRESCENT	2-78 even	M6A 2M3
DORNEY COURT	1-97 odd	M6A 2M4
EDENGARTH COURT	2-96 even	M6A 2P2
LEILA LANE	1-5 odd	M6A 2M7
OLD MEADOW LANE	1-3 odd	M6A 2N2
PENGARTH COURT	2-84 even	M6A 2P3
REPLIN ROAD	1-25 even	M6A 2M8
REPLIN ROAD	2-4 even	M6A 2M9
REPLIN ROAD	6 even	M6A 2N1
VARNA DRIVE	1-55 odd	M6A 2L6
VARNA DRIVE	57-83 odd	M6A 2L8
VARNA DRIVE	85-119 odd	M6A 2L9
VARNA DRIVE	20-22 even	M6A 2L7
ZACHARY COURT	1-45 odd	M6A 2P4
ZACHARY COURT	20	M6A 0B2
FLEMINGTON ROAD	1-5 odd	M6A 2N3
FLEMINGTON ROAD	7	M6A 2N5
FLEMINGTON ROAD	9-11 odd	M6A 2N6
FLEMINGTON ROAD	15-51 odd	M6A 2N8
FLEMINGTON ROAD	53-125 odd	M6A 2N9
FLEMINGTON ROAD	12	M6A 2N4
FLEMINGTON ROAD	14-20 even	M6A 2N7
FLEMINGTON ROAD	160	M6A 0A9
	20	M6A 0C1

NEW HEIGHTS COURT

NEPTUNE BUILDINGS (135, 145, 155) AND  
AREA ADDRESSES

NEPTUNE DRIVE	135 and 155 even	M6A 2Y3
NEPTUNE DRIVE	145	M6A 2Y4





# TDSB SUMMER SCHOOL

## JULY 2024

IN-PERSON/ REMOTE

REGISTRATION BEGINS

**APR 19**

### OFFERS IN JULY

**IN PERSON** earn a new credit by going to class in a school

**REMOTE** earn a new credit online, through "live" online classes

**REMOTE CREDIT RECOVERY** after failing a course, try again to earn the credit online, through "live" online classes

Students are encouraged to register early, as courses DO get full.

**SIGN UP!**

### E-REG ACCOUNT



create an "eReg" account here if you have never signed up for TDSB Summer School or Night School before

### COURSES LIST



### IN-PERSON LEARNING

Classes will not be at Earl Haig. You must choose from these locations:

1. Dr. Norman Bethune
2. David and Mary Thompson
3. Central Toronto Academy
4. City Adult Learning Centre (for adults, 18+)
5. Westview Centennial SS
6. York Memorial CI



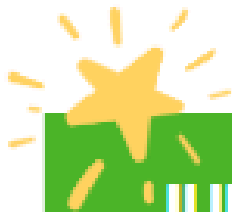
**LEARN MORE**





# TDSB SUMMER SCHOOL

## JULY / AUGUST 2024



### JULY/AUGUST

REGISTRATION BEGINS  
**APR 19**

**eLearning in July** earn a new credit online asynchronously  
(you don't have to attend a "live" online lesson)

**eLearning in August** earn a new credit online asynchronously  
(you don't have to attend a "live" online lesson)

**SIGN UP!**

### E-REG ACCOUNT



create an "eReg" account here if you have never signed up for TDSB Summer School or Night School before

**FIND OUT NOW**

Difference between "remote" (online synchronous) and eLearning (online asynchronous) here:



### COURSES LIST

**JULY**



**AUGUST**



**FAQ?**







**AVONDALE ALTERNATIVE  
ELEMENTARY SCHOOL**

**VOLUNTEER OPPORTUNITIES**

# **SPRING FAIR**

**SATURDAY, AT AVONDALE  
JUNE 1 PUBLIC SCHOOL**

**11:00AM - 03:00PM**

**FREE ENTRY**

We are looking for students to help with face painting, managing game stations and carnival games for elementary school students. Earn community hours by volunteering at the Spring Fair @ Avondale Alternative. Register by scanning the QR code.





# NOW HIRING

## FOR YEAR-ROUND CAMPS & PROGRAMS

### POSITIONS AVAILABLE

- **PA DAY CAMP INSTRUCTORS**
  - All GTA School Boards
- **SEASONAL WEEKLY PROGRAM INSTRUCTORS**
  - Soccer, Basketball, Robotics & More
- **SWIMMING INSTRUCTORS**
  - Small or Private Classes Available

### CAMP COUNSELLORS

- WINTER BREAK CAMPS
- MARCH BREAK CAMPS
- SUMMER BREAK CAMPS

### JOBS/VOLUNTEERS

- Full-Time
- Part-Time
- Seasonal

**LINKS TO VOLUNTEER**



<https://tacsports.ca/volunteer/>  
 Apply @  
[tacsportsjob@gmail.com](mailto:tacsportsjob@gmail.com)

[tacsportsjob@gmail.com](mailto:tacsportsjob@gmail.com)      416 - 627 - 1092      [WWW.TACSPORTS.CA](http://WWW.TACSPORTS.CA)



# WE'RE HIRING CAMP STAFF!



- ★ Hiring Camp Counsellors, Swim Instructors & Activity Specialists
- ★ Paid Positions for July & August
- ★ Pre-Camp & First Aid Training, Meals, Snacks & Staff Socials Provided
- ★ Lasting Memories & Lifelong Friendships

**APPLY NOW**  
**CRESTWOODCAMP.COM**  
**416.444.9595**





# 2024 QUINN FAMILY INTERNSHIP PROGRAM at the LUNENFELD-TANENBAUM RESEARCH INSTITUTE at SINAI HEALTH

## Goals of the Program

The Lunenfeld-Tanenbaum Research Institute (LTRI), a University of Toronto affiliated research centre, was established in 1985. It is one of the world's leading centres in biomedical research.

The research programs at the Lunenfeld focus on understanding the function of our genes and how genetic pathways lead to the development of human diseases such as cancer, diabetes, hypertension, premature labour, depression and osteoporosis. This unique approach at the Lunenfeld allows for the application of biomedical research to span from molecules to populations.

The Institute is committed to excellence in biomedical research and to the training of the next generation of scientists. To that end, we are offering a summer internship program to expose high school students to the exciting world of scientific research. The student will experience first-hand the activities of a laboratory setting and the day to day events involved in a scientific career.

## Eligibility

- Students must have successfully completed, at the minimum, Grade 11 Biology and Chemistry courses and be 16 years old by the start of the internship
- Selected students must be in full compliance of the Sinai Health Immunization policy
- Students selected by the LTRI Research Training Centre (RTC) will be interviewed by the researchers at the LTRI
- Successful candidates will be chosen and notified by **May 15<sup>th</sup>, 2024**

## How to Apply

To apply to the program please provide:

- a 500 word essay outlining why you should be chosen to participate in this program; why you're passionate about science; and your post-secondary and career plans for the future.
- an up-to-date resume, including permanent address
- a copy of your school transcript (or credit counselling summary)
- one reference letter from a teacher who is familiar with your academic abilities
  - Reference letters can be uploaded or emailed directly to [lorien@lunenfeld.ca](mailto:lorien@lunenfeld.ca)
- upload your completed application online
- APPLICATIONS MUST BE RECEIVED BY **WEDNESDAY APRIL 3<sup>rd</sup>, 2024 (BY 11:59PM)**. Applications received after this date will not be considered.

**[The application website can be found here.](http://apply.interfolio.com/141629)**

**<http://apply.interfolio.com/141629>**



## Conditions of Employment

### **Hours**

- Students will be expected to complete an eight (8) week period of employment (July 2<sup>nd</sup> – August 23<sup>rd</sup>)
- Students will be expected to work full-time hours (37.5hr/week) at either Mount Sinai Hospital or Bridgepoint Healthcare

### **Remuneration**

- Students will be paid \$16.55/hr for the eight (8) week period.

### **Work Assignments**

- The student will be required to work on a project in the laboratory, which will be assigned by the Research Faculty member they are hired by
- The student will be supervised by a graduate student or postdoctoral fellow in the laboratory
- Students will be expected to attend weekly presentations given by Faculty on current research being conducted at the Institute.

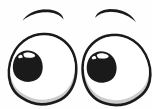
**\*\*\*PLEASE NOTE THAT ONLY SELECTED CANDIDATES WILL BE CONTACTED\*\*\***





## WILLOWDALE

kindness movement  
continues for the rest of  
2022.



Looking for volunteering  
opportunities. Please visit the link  
below.

[www.neighbourlink.org/volunteer](http://www.neighbourlink.org/volunteer)



JOIN US FOR THE ELKHORN

# SCHOOL FAIR

LOOKING FOR VOLUNTEERS TO RUN VARIOUS EVENTS!!

CALLING ALL  
VOLUNTEERS!!

THURSDAY 30TH MAY | 3:45PM TO 7:30PM

FUN FOR ALL THE FAMILY | LIVE ENTERTAINMENT  
FACE PAINTING | BOUNCY CASTLE | GAMES  
HOT FOOD STALLS | SNACK BAR | AND MORE!!

If interested, please contact  
Vicki Bakalovski at  
[vicki.bakalovski@tdsb.on.ca](mailto:vicki.bakalovski@tdsb.on.ca)

LOCATION: ELKHORN PUBLIC SCHOOL  
(10 ELKHORN DR, TORONTO)





# THIS WAY ONward!

## TWO 2024: JOIN OUR TEAM

This Way ONward (TWO) is a **FREE** program offered by *Old Navy & Youth Employment Services (YES)*.

TWO is for youth ages 16-24 who:

- want to develop retail skills!
- want to work at Old Navy!
- want support in their job search!

### INCLUDES:

- graduation certificate, year round job support, gift cards, and various other supports

## OLD NAVY



Questions? Contact  
Erin at 365-656-5300  
[erin\\_janssen@yes.on.ca](mailto:erin_janssen@yes.on.ca)  
or Gerrilyn at 647-695-6648  
[gerrilyn\\_soberano@yes.on.ca](mailto:gerrilyn_soberano@yes.on.ca) for  
more information!

[CLICK HERE](#)  
or scan QR code to register  
online!





PARC  
**DOWNSVIEW**  
PARK



## YOUTH ENVIRONMENTAL STEWARDSHIP

Earn community hours by helping Downsview Park's beautiful forests and meadows thrive!

Wednesday, April 17th to June 5th, 4PM to 6PM

Gain experience with wildlife monitoring, invasive species management and habitat restoration.

**For more details, scan the QR code:**



Or visit our website: <https://tinyurl.com/2nmer9mr>

crohn's  colitis

# CALL FOR VOLUNTEERS



We're seeking event day and retention  
volunteers



Help out throughout the months of  
March and April, and on Sunday June  
2nd for Gutsy Walk 2024



**SCAN HERE  
TO APPLY**



## **VOLUNTEERS NEEDED**

### International Languages Elementary & African Heritage Language and Culture Program (In-person)



International Languages Elementary Program combine language & culture learning for Kindergarten to Grade 8 students.

**Who:** Secondary School students looking for volunteer hours

**When:** Mondays (3:30 pm to 6:00 pm)

**Location:** Cameron Public School (211 Cameron Ave, North York,)

**Contact Person:** farzana.babar@tdsb.on.ca

**Roles:** Volunteers will assist with:

- Administrative duties (ex. photocopy handouts, distributing attendance folders and classroom materials)
- Assistance to ensure safety of elementary aged students (ex. Walking students to and from the classroom, during entry/exit time, snack time)
- Assistance in the classroom (ex. Assist facilitate small group activities, help with preparation/distribution of supplies and materials to students, assist assigned student or a small group of students on one-on-one, storytelling or reading aloud to group of children)

Site/School
Cameron Public School (211 Cameron Ave, North York)

Contact person
Farzana Babar farzana.babar@tdsb.on.ca



Holland Bloorview  
Kids Rehabilitation Hospital



## Join our 2024 summer volunteer squad!

Looking to gain valuable experience for future academic programs and employment, while giving back to your community? We are currently accepting applications from reliable students interested in our summer volunteer program running in July and August 2024.

This is an excellent opportunity to become a valued part of our hospital community by contributing your time and talents as a volunteer, while helping to create a *world of possibility* for children and teens with disabilities.

To learn more about what it takes to apply to our summer volunteer squad, please visit our website: <https://hollandbloorview.ca/get-involved-give/volunteering-with-us/client-programs-volunteer/summer-program> or scan the QR code below. Applications will continue to be accepted until all positions are filled.



# MS Canada

## Volunteer Opportunities

### Available Volunteer Opportunities for Community Engagement WCMS - NAT - Toronto Marathon

Select an opportunity to view additional details and apply.

#### Toronto Marathon Water Station Support

The Toronto Marathon takes place on Sunday, May 5, 2024 and is expected to draw upwards of 17,000 participants in a downhill course that is fast and scenic, starting from Yonge St. and Sheppard Ave in North York and finishing at the Queen Elizabeth Building. This Toronto favourite is one of the fastest courses you will find anywhere. This year the MS Canada Team will be a part of the Toronto Marathon and MS Canada is an Affiliate...

**Shifts available:** 1

**Positions available:** 22



We're looking for...



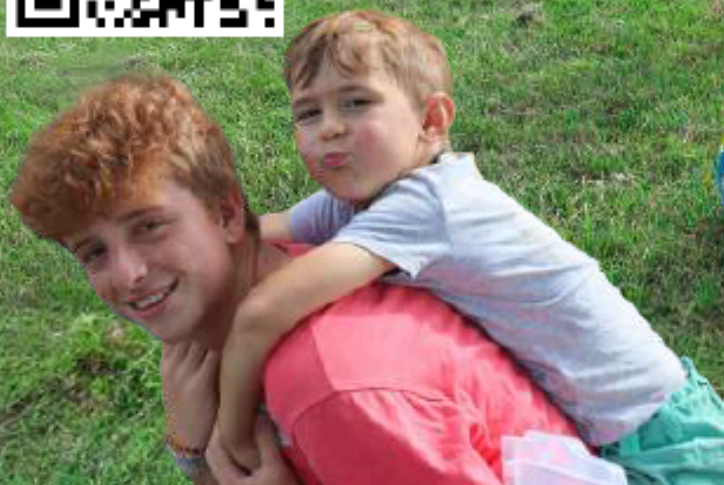
**Volunteers**



# SOCCER 2024 DAY CAMPS

...more than just a soccer camp!

Since  
1993



\* morning & full day sessions  
\* July & August weeks

Get ready for an  
unforgettable  
summer  
adventure!

**800-427-0536**

**royalsoccer.com**

For location & application details, visit our website.



# Teen Night



*Every Saturday 7:00-10:00 PM!  
North York YMCA – Sheppard & Bayview*

Join our **FREE** Teen Night program. Open to everyone ages 13-18!

**You can:**

- Play sports
- Join a dance group
- Go for a swim
- Workout in the weight room
- Events held at the end of the month
- Hang out with your friends
- Volunteering opportunities if desired (apply online!)
- Build friendships

**If you have any questions,  
please contact:**  
Samuel.Chorney@ymcagta.org

Shine On  Greater  
Toronto

# Youth Leadership Development (YLD)

*Sessions are every Thursday 6:15-7:15 PM!*

**Join our FREE Youth Leadership Development (YLD) program.  
Open to everyone ages 12-18!**

- Opportunities for community service hours for school.
- New topics every week.
- Build friendships & Leadership skills.
- Build new skills that can be added outside of North York YMCA.



Scan this QR code for more information on the program

**If you have any questions,  
please contact:**  
Samuel.Chorney@ymcagta.org





**More than just a summer job!**



**Join our team of Youth Development Leaders**

Camp Counsellors & Inclusion Counsellors & Activity Specialists & Swim Staff

Learn more at [theivy.ca/jobs](https://theivy.ca/jobs)

# NYCS Newcomer Youth Connections for Success

## New to Canada? In high school? Thinking about your future? NYCS is the program for you!

Newcomer Youth: Connections for Success (NYCS) helps newcomer teens, ages 14-18, build community connections, find peer support and enhance leadership & employment skills.

### Join NYCS & Get:

- Career exploration workshops
- Group mentoring with university students and young professionals
- Certification Training in CPR, Babysitting and Customer Service
- Info about Canadian colleges & universities
- Valuable workplace skills for your resume
- Volunteer opportunities related to potential careers
- The chance to meet new friends and grow your social circle *...and more!*

NYCS empowers youth to embark on post-secondary education and make informed decisions about future career paths. The program also equips parents, mentors and employers in North York and Southern York Region to better support youth in settlement, decision-making and community integration.



**Get Connected**



**To register, send an email to : [aneta.iliyaev@jvstoronto.org](mailto:aneta.iliyaev@jvstoronto.org)**

Open to newcomer youth 14-18 who have a PR Card, Convention Refugee Status, and CUAET.  
A computer and internet access are required. Links and instructions provided upon registration.



# Sign Up For

**LCONNECT+**



We are connecting Grade 9s with senior students who will act as a mentor. Last year, we collected names of senior students who have now volunteered to be mentors. Now we are asking that any interested Grade 9 student sign up for the programme.





all guidance counsellor

# MEETINGS

by appointment only



*scan*

QR CODE

to make an appointment.



guidance counsellor

2023-2024

A-C

C. Zaghikian  
[christine.zaghikian@tdsb.on.ca](mailto:christine.zaghikian@tdsb.on.ca)

D-J

B. Panagopoulos  
[bill.panagopoulos@tdsb.on.ca](mailto:bill.panagopoulos@tdsb.on.ca)

K-Ma

D. Low  
[darren.low@tdsb.on.ca](mailto:darren.low@tdsb.on.ca)

Mb-Sh

R. Leo  
[rosalia.leo@tdsb.on.ca](mailto:rosalia.leo@tdsb.on.ca)

Si-Z

D. Lawrence  
[douglas.lawrence@tdsb.on.ca](mailto:douglas.lawrence@tdsb.on.ca)